

David Olsen, PhD,
Executive Director

The Highlights

Renovation: Matching Fund Grants from the Wright Family Foundation and the Carlillian Foundation allowed us to convert our existing conference room and garage into two therapy offices.

Our best fundraising year yet! \$116,000 in grants and donations.

Facility Agreements were negotiated with United Behavioral Health, Blue Shield of Northeastern New York, and Value Options.

Clergy Congregation Care program has begun, in partnership with the Samaritan Institute. This year

- We held a two-day workshop for Samaritan Directors who wanted to establish the CCC program in their offices
- We increased the number of church consultations
- Courses were offered in cooperation with Capital Region Theological Center
- Keli Rugenstein, PhD developed a program for Clergy Assessments and testing, and now has contracts with several judicatories
- We began offering Clergy coaching

Training has expanded under the leadership of Jenness Clairmont, LCSW LMFT

- Our five residents have doubled their clinical hours
- Our training program is working with six graduate schools
- Monthly training modules have been added for interns and residents
- Three psychiatrists continue to regularly meet with staff, residents and interns

Project PASS, under the direction of Patricia Gillen, LCSW EMDR II, has added three new school offices at Pinewood Elementary School, Bradt Primary School, and Mohonasen High School. We have also added more hours at Draper Middle School and Mont Pleasant Middle School.

- Over 1200 hours of therapy were provided in 2007
- All students who have been in program for three months have decreased detentions and suspensions.
- 69% of students passed their grade level.

The Threat

Despite an amazing year, we still face a growing threat. Insurance reimbursement rates have not increased in 12 years, and some are actually decreasing. Many insurance payments are below our break-even fee. At the same time expenses continue to rise and the mental health system is in trouble. A tipping point could be on the horizon, where decreased fees and increased expenses converge.

The Challenge

To continue to grow we need to raise greater amounts of money next year. Imagine if we had unlimited financial resources:

- Project PASS could be dramatically expanded (we have more requests to bring the program to more schools than we can handle)
- Services for Clergy and congregations could be expanded
- Wellness programs for couples and families could increase regardless of ability to pay
- Our opportunity to offer a full range of services in the Capital Region would be *unlimited*



SAMARITAN COUNSELING CENTER

ADMINISTRATIVE STAFF

David C. Olsen, PhD., LCSW-R, LMFT, Executive Director
 Michael G. Quinn, LCSW-R, LMFT, Clinical Personnel Coordinator
 Jenness Clairmont, LCSW, LMFT, Public Relations Coordinator
 Keli Rugenstein, PhD, LCSW, LMFT, Covenant Church Coordinator
 Patricia Gillen, LCSW, EMDR II, Project PASS & Recovery Coordinator
 Deborah Valiquette, Office Administrator
 Janean Sylvester, Administrative Assistant

STAFF PSYCHOTHERAPISTS

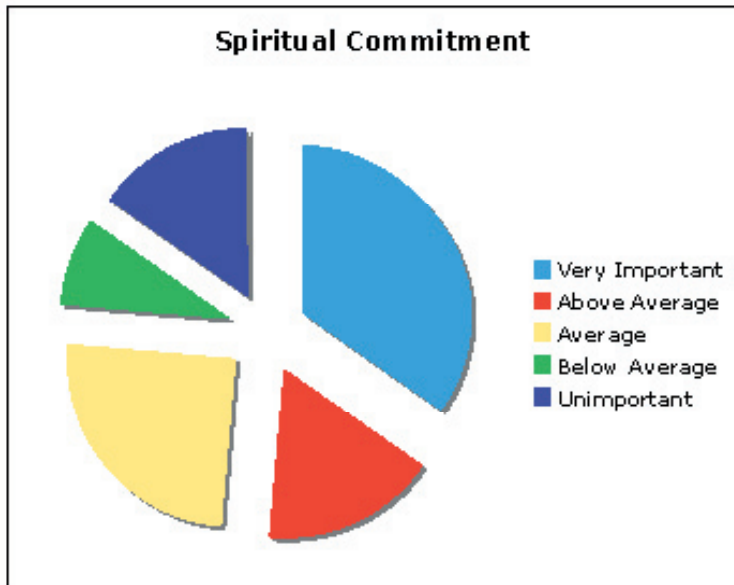
Paola Cummings, LMSW
 Christina Harrington-Stutzmann, LMFT, LMHC
 Joan M. Petramale, LCSW-R • Ross Westhuis, M.Div., LCSW-R

RESIDENTS

Alyson Brener, LMFT • Andrew Chestnut, MBA LMSW
 Oona Edmands, LMSW • Justin Reimenschneider, LMSW
 Sarah Willis, LMSW

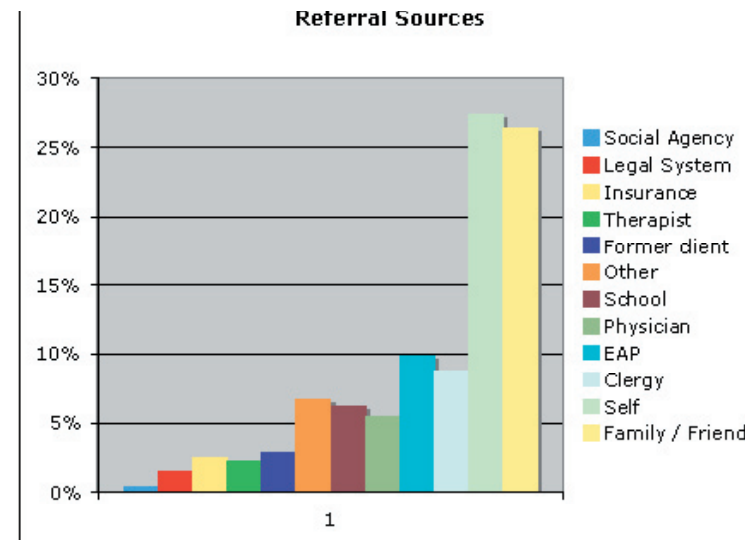
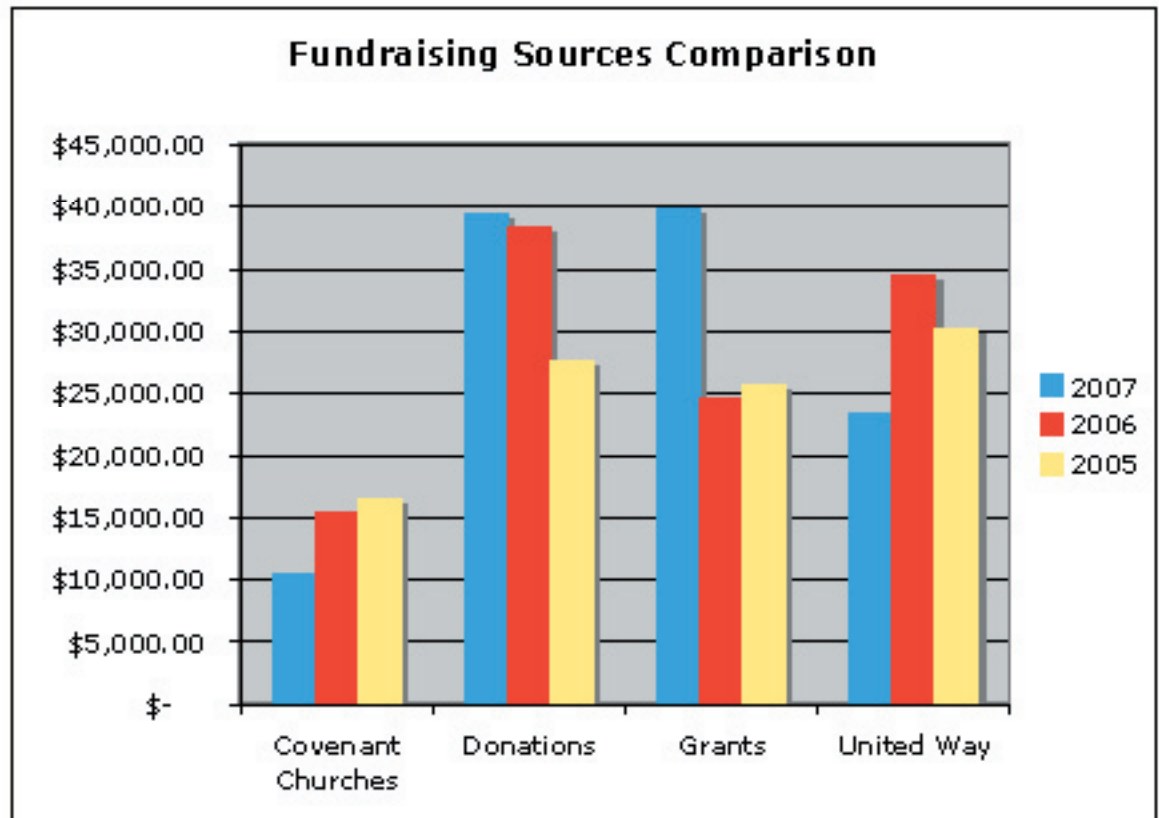
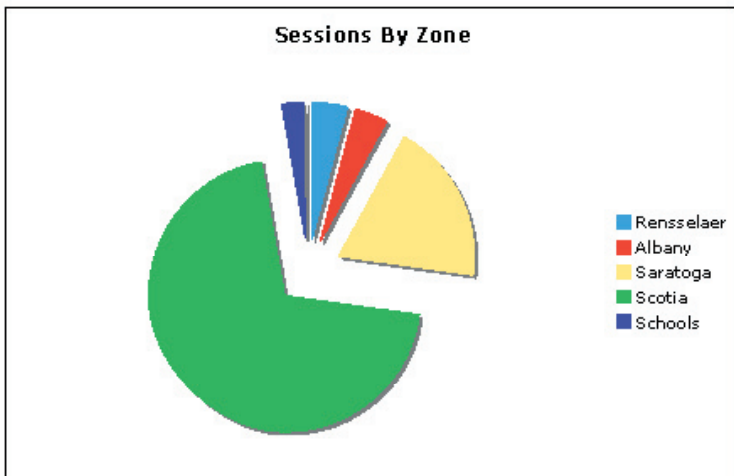
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Above: In March 2007, we started asking adult clients about their spirituality as part of the intake process. 72% of clients completed this questionnaire.

Below: More than 12,000 sessions were held this year. A majority of client sessions were held in the main office in Scotia. The Rensselaer office has doubled the number of sessions this year.



Above: Last year was our best fundraising year ever! Although donations from churches were low, we received several grants and more donations from individuals than ever.

Left: Our two primary referral sources continue to be Self Referral and Family/Friend. We are seeing a rise in referrals from Employee Assistance Programs (EAPs) and Physicians Offices.