



Annual Report 2003

Eighteen Years of Help and Hope for your Mind and Spirit

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Michael G. Quinn, CSW-R, Clinical Personnel Coordinator
Douglas B. Stephens, Ed.D., CSW, Training Coordinator
Deborah Valiquette, Office Administrator
Mary Janean Sylvester, Administrative Assistant

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Pamela Pater-Ennis, M.Div., CSW
Joan M. Petramale, CSW
Mary Robinson, CSW
Keli Rugenstein, CSW
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Ross Westhuis, M.Div., CSW-R

RESIDENT

Christina Harrington, MSW

INTERNS

Paola Cummings
Karen Johnson-Williams

Mission Statement:

Samaritan Counseling Center of the Capital Region expresses the healing love of God by promoting the psychological and spiritual health through a ministry of pastoral counseling, psychotherapy and education to persons of varied financial means.

MESSAGE FROM THE EXECUTIVE DIRECTOR

David C. Olsen, PhD.

If one word could describe 2004, it would be the word growth. In the last year the Samaritan Counseling Center of the Capital Region has experienced growth in a variety of ways.

GROWTH IN PROGRAMS

In the last year the Samaritan Counseling Center saw significant growth in four key programs. *The Clergy Institute* saw growth in services to clergy and clergy families, consultations to churches, cooperative programs with The Capital Region Theological Center, as well as ongoing research into clergy burnout and misconduct. *The Couples Clinic* continues to provide increased clinical services and wellness programs for couples. *Project Recovery*, our United Way funded program, continues to provide individual and group psychotherapy to survivors of sexual abuse. Finally, we are excited by the progress of *Project PASS*. Project PASS, started with a venture grant from United Way and further supported by a generous gift from First Reformed in Schenectady, continues to grow. It serves adolescents at risk of academic failure by providing integrated services to kids, their families and their school.

GROWTH IN FUNDRAISING

This year has witnessed our most successful fundraising campaign. In addition to ongoing United Way Funding, we received grants totalling \$15,000. We are also excited about this year's *Silent Samaritan Campaign*. The board set an ambitious goal for this year's campaign of \$25,000 and thanks to hard work and

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MESSAGE FROM THE BOARD PRESIDENT

Robert Drum

It is a real pleasure to be able to report a very successful 2003 for the Samaritan Counseling Center. As you are probably aware, one of the primary responsibilities of the Board is to co-ordinate and implement fund raising efforts that will support the needs of our uninsured and under-insured clients. Without a properly funded Silent Samaritan Care Fund, we run the risk of having to turn away those most in need of our services.

The efforts of the board, staff and friends during our fund raising efforts in 2003 enabled us to near our very ambitious goal of \$25,000. In 2003, the campaign yielded \$22,734. This is a remarkable achievement, and I congratulate everyone who contributed their time, effort and treasure in making this our most successful campaign ever.

Our covenant churches contributed over \$24,000 to our center during 2003, reaffirming their strong commitment to Samaritan and the faith based counseling services provided by our professional staff. We are thankful for their generous support, and look forward to continuing this very important partnership.

We have also received a \$5,000 grant from the Lillian Slater Foundation and \$10,000 from the Wright Family Foundation.

In summary, 2003 was a year filled with challenges. The board and staff met those challenges head on and set a new standard for future years. We have set the bar high and I am confident that with God's help, we will be able to meet future challenges with equal success.

dedication on the part of our Board of Directors and Advisory Boards, we have nearly reached that goal.

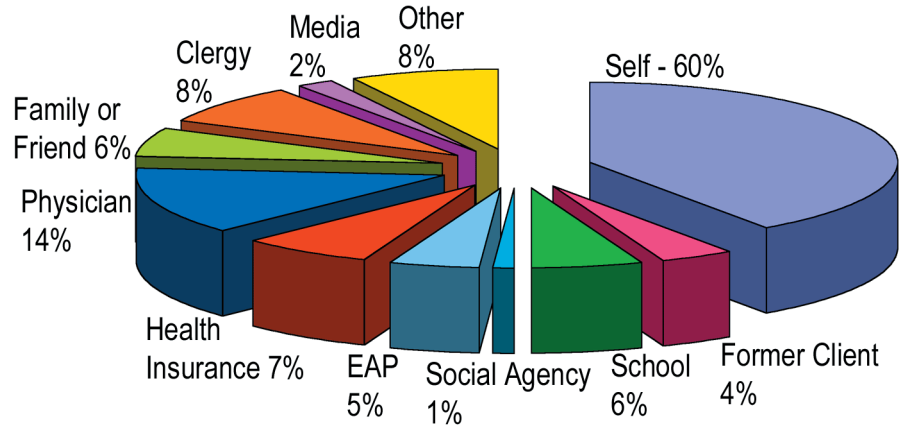
GROWTH IN NUMBERS

2003 also saw record numbers of clinical sessions. This year the Center provided 15,361 hours of clinical services. This is the most clinical hours the Center has produced.

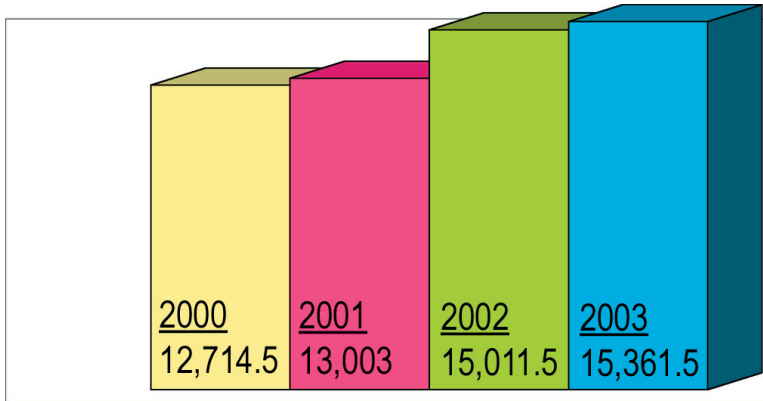
GROWTH IN DEPTH

Despite these and other indicators of growth, perhaps what is most important has been growth in staff development. This year has witnessed increased growth in clinical theory and spiritual integration. All of which points to increased staff dedication to the mission of Samaritan Counseling Center.

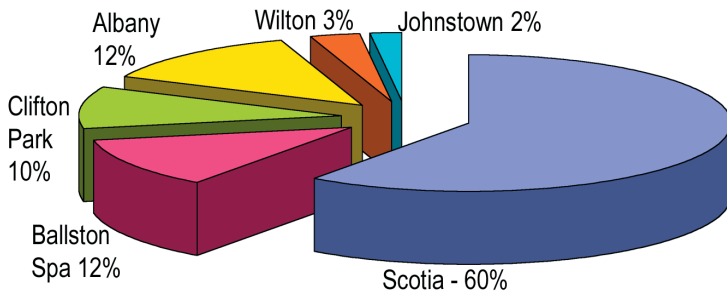
CLIENT REFERRAL SOURCES 2003



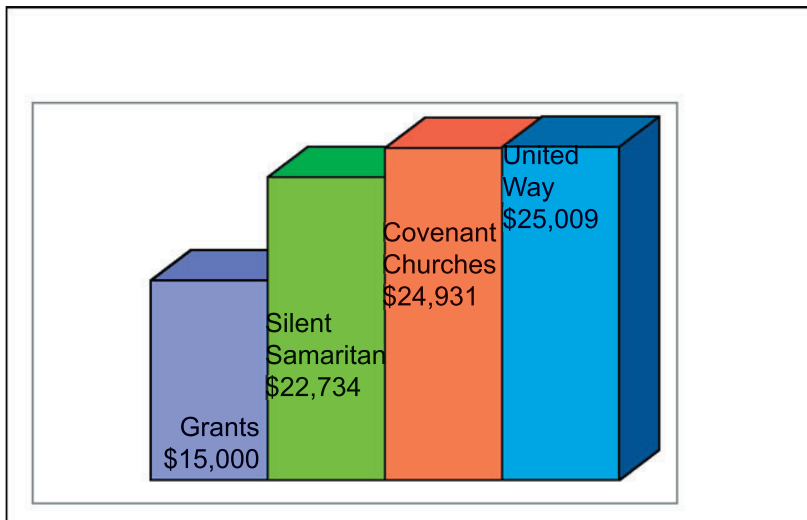
NUMBER OF SESSIONS 2000-2003



NUMBER OF SESSIONS PER SITE 2003



TOTAL CONTRIBUTIONS: \$87,674



SITE DEVELOPMENT

SCOTIA SITE

David Olsen

Scotia continues to serve as the administrative hub of the Center. In addition to producing 9,267 clinical hours, the administrative operation was further enhanced this year by a new billing system, subsidized by grants from the Schenectady Foundation and the Lillian M. Slater Trust.

ALBANY SITES

Pam Ennis

Our two Albany sites at First Church in Albany and Third Reformed Church produced 1,894 clinical hours in 2003. The Albany Rensselaer Advisory Board also had an outstanding fundraising year to further support programs in Albany county.

RENSSELAER SITE

Keli Rugenstein

Our North Greenbush office is in the Blooming Grove Reformed Church. The office is in the new church library and is a wonderful space. Opening day was January 6th, 2004. Even on our first day there, our appointments filled the day and it has remained that way ever since.

SARATOGA SITES

Doug Stephens

Our four Saratoga County sites at Shenendehowa United Methodist Church, Jonesville United Methodist Church, First Presbyterian in Ballston Spa and Trinity United Methodist Church in Wilton produced 3875 clinical hours in 2003. In addition, renovations on our Ballston Spa office have begun.

JOHNSTOWN SITE

Doug Vincent

Our Johnstown site serving Fulton-Montgomery County produced 325 clinical hours in 2003.

Thank you to all of our Silent Samaritans!

We had the best fundraising year ever, which enables us to maintain our commitment to our low-income clients at all Center locations.